

Lenten Retreat in Daily Life

Encountering Hope

Clane and Rathcoffey Parish

Sunday 23rd of March to Friday 28th of March

What is it?

It is a way of making a Guided Retreat in the midst of daily living. You are invited to give 30 minutes to prayer each day in your own home and meet for 30 minutes with 1:1 with your Prayer Guide, at a time that suits you, in The Parish Centre.

The time spent with God during the week is the most important part of the week. The chat with the prayer guide helps you perhaps to notice something that encourages you and helps you find hope in your daily life. However, God is the real guide.

What and how do you pray during the week?

This is a very blessed week and a wonderful offering to give during Lent. You can place your family and all your cares and worries in God's hands as you begin the week.

Each day, your guide will perhaps give you a small text from scripture and you will be invited to reflect on it and how it links with your daily life.

The meeting with your Prayer Guide is confidential and you can share as little or as much as you are comfortable with.

There is an opening meeting on Sunday the 23rd of March at 7pm where you can meet your guide and fellow retreat participants as a community who will journey together for the week. There is a closing meeting on Friday the 28th of March where you will meet again to share and celebrate the fruits of your journey.

Bookings/Enquiries by Friday the 14th of March to:

Parish Shop and Office

Tel: 045 861393

Email: claneparish@eircom.net

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This retreat offers you an opportunity to do something special for yourself during Lent for yourself and for your family. Through Prayer and the Scriptures you will find help to understand in a deeper way the greatness of God's love for you.

You can meet a Prayer Guide each day from Monday the 24th to Friday the 28th at a time that is convenient to you and reflect together on your search for God in the bits and pieces of your daily life.

There is no charge for the retreat but donations, however small, will be welcome.

There will be an opening meeting on Sunday the 23rd of March at 7pm and a closing session on Friday the 28th of March at 8pm, both in The Parish Centre, Main Street Clane.

To confirm your booking please call 045 861393 or complete the booking form below and return it by Friday the 14th of March to the Parish Shop/Office.



Name _____

Contact Number _____

Please tick below to indicate a suitable time for your One-to-One Meeting. If you are flexible please tick all or as many boxes which indicate your availability:

Morning Afternoon

Evening